



## ULTRA ACCESS

### Official Company Endorsement

#### Endorsement of both Lighthouse - The Construction Charity and MIND

Ultra Access is proud to openly support both **Lighthouse - The Construction Charity** and **MIND**, promoting their organisations as often as we can as well as financially contributing to them, with both bringing much needed support to those who need it across the UK, and within the wider-British construction sectors.

**Lighthouse** does amazing work in construction - having workshops, webinars and holding events on site to raise awareness of the numerous mental health conditions that many within the sector suffer with.

Encouraging the usually stoic tradespeople to open up and discuss their issues, and to seek help guidance thereafter.

**MIND** is more broader in its reach, being not only there for peoples within construction, when needed, but many other sectors, industries and in our daily lives.

Both are fantastic organisations, and we ask everyone where they can to also please openly support them, if only by promoting their posts and sharing their efforts.

Being open about ones mental health is not a weakness. Its a strength. It takes courage to admit openly our fears, worries and issues to anyone, let alone strangers - especially in this fake-perfect digital online world we live in, which we probably spend just as much time in as we do in the real one... and as the saying goes, all that glitters is not gold.

Everyone has struggles in their lives. And we all need support when we do.

Theres good people out there who are willing to listen, give advice and help, with our 2 chosen organisations highlighted below being the ones who we would speak to, when we need.



Mental health awareness is a growing movement with more and more people joining and supporting the cause every week.

To **ULTRA ACCESS** it's an incredibly worthwhile and important cause to promote and we are proud to consider ourselves a part of it.

Our sister company **ULTRA CONTINUUM** is still in the set up process, but we have big things planned for it, all in the aim of helping to raise awareness for all of us who suffer with one diagnosis, or another, or indeed a whole group - forming a continuum of mental health and wellbeing conditions.

Mental health to us is EQUALLY as important as physical health and it will be considered an equal counterpart to health and safety in the workplace in the coming years, we have no doubt.

ULTRA ACCESS  
Scaffold Technical Support

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